



Senior Farmers Market Nutrition Program (FMNP)

FIND farmers with the Senior FMNP signs.
SHOP for fresh fruits, vegetables, herbs, or honey.

PAY with QR code on your Senior FMNP card or Senior FMNP app.

Senior FMNP must be used by Oct. 31.



WIC & Farmers Market Nutrition Program (FMNP) & WIC Fruit & Vegetable Benefits

FIND farmers with the WIC FMNP or WIC Fruit & Vegetable Benefits signs.

SHOP for fresh fruits, vegetables, or herbs.

PAY with QR code on the WIC card or WIC Shopper app.

WIC FMNP must be used by Oct. 31.

WIC Fruit & Vegetable Benefits can be used year-round.



SNAP EBT & SUN Bucks

FIND the Farmers Market Information Booth.

SWIPE your SNAP EBT or SUN Bucks card and get EBT tokens.

SHOP for fresh fruits, vegetables, honey, meat, dairy, baked goods, and other grocery foods.



SNAP Market Match

When you get EBT tokens for SNAP or SUN Bucks, get \$10 or more in SNAP Market Match at the Farmers Market Information Booth.

SHOP for fresh fruits, vegetables, herbs, and plants/seeds for food.

SNAP Market Match expires on Dec. 31.



Food Benefits at Farmers Markets



Founded in 1979, the WSFMA is a 501c3 nonprofit dedicated to helping farmers markets thrive.

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The WSFMA is an equal opportunity provider.

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www.FindAMarket.org

Good Food for Everyone at Farmers Markets

Washington produces over 300 crops and yet one in nine people don't know if they will have enough food to feed themselves and their families.

Farmers markets make getting fresh, delicious, whole foods from local farmers and food businesses easier. Families, children, seniors, and others in need can use public food benefits to shop at 130 farmers markets across Washington.

Food Benefits at Farmers Markets

- **Senior Farmers Market Nutrition Program (FMNP):** \$80/season
- **WIC Farmers Market Nutrition Program (FMNP):** \$30-90/season
- **WIC Fruit & Vegetable Benefits:** \$26 or more/month
- **Supplemental Nutrition Assistance Program (SNAP EBT):** Amount varies
- **SUN Bucks:** \$120/summer
- **SNAP Market Match:** \$10 or more/day



Additional Food Benefits

There may also be local or regional food benefits available at farmers markets. For example, **Fresh Bucks** benefits are accepted at farmers markets in the City of Seattle. Ask at the Information Booth to learn more!



www.FindAMarket.org

Find your local farmers market and what food benefits they accept by searching the WSFMA's online directory.



The WSFMA's **Food Benefits for Shoppers** webpage has information on how to apply, who to contact, benefit amounts, and what foods you can buy with your benefits.



A Win, Win!

Food benefits can be used at farmers markets thanks to the dedicated work of partners at the United States Department of Agriculture, Washington State Department of Health, Department of Social and Health Services, community partners, farmers markets, and vendors.

These programs put nutritious food on tables for families, and bring \$4.8 million in sales to local farmers and food businesses.



Join the Team that's Feeding Your Community

Farmers markets welcome volunteers to help at the Information Booth, donations to support food access programs, and advocates to ensure food benefits are available where and when they're most needed.