

HOW TO USE YOUR

SNAP EBT & SNAP Market Match



1. **GO** to the Farmers Market Information Booth.
2. **SWIPE** your SNAP EBT or SUN Bucks card and get tokens to buy SNAP eligible foods.
3. **RECEIVE** up to \$25 a day extra in "SNAP Market Match" currency to spend on fruits, vegetables, herbs, mushrooms, seeds, and edible plants.
4. **SHOP** for fruits, vegetables, honey, meat, dairy, baked goods, and other grocery foods at market booths.

WIC & SENIOR Farmers Market Nutrition Program

1. Get your 2025 FMNP QR code

WIC: Check with your WIC Clinic to get FMNP benefits and QR code for 2025.

SENIOR: Please call the Senior Farmers Market Hotline at (509) 477-4442 for more information.

2. Look for the FMNP sign

Find your farmers market and look for farmers with the FMNP sign.



3. Shop

Buy fresh fruits, veggies, or herbs with your FMNP cards. Seniors can also buy honey. FMNP must be used by Oct. 31. WIC Fruit & Vegetable Benefits can be used at farmers markets year-round.



WASHINGTON STATE
FARMERS MARKET
ASSOCIATION

Materials funded with support
from USDA's Supplemental
Nutrition Assistance Program - SNAP.
The WSFMA is an equal opportunity provider.

Founded in 1979, WSFMA is a
501c3 nonprofit dedicated to
helping farmers markets thrive.

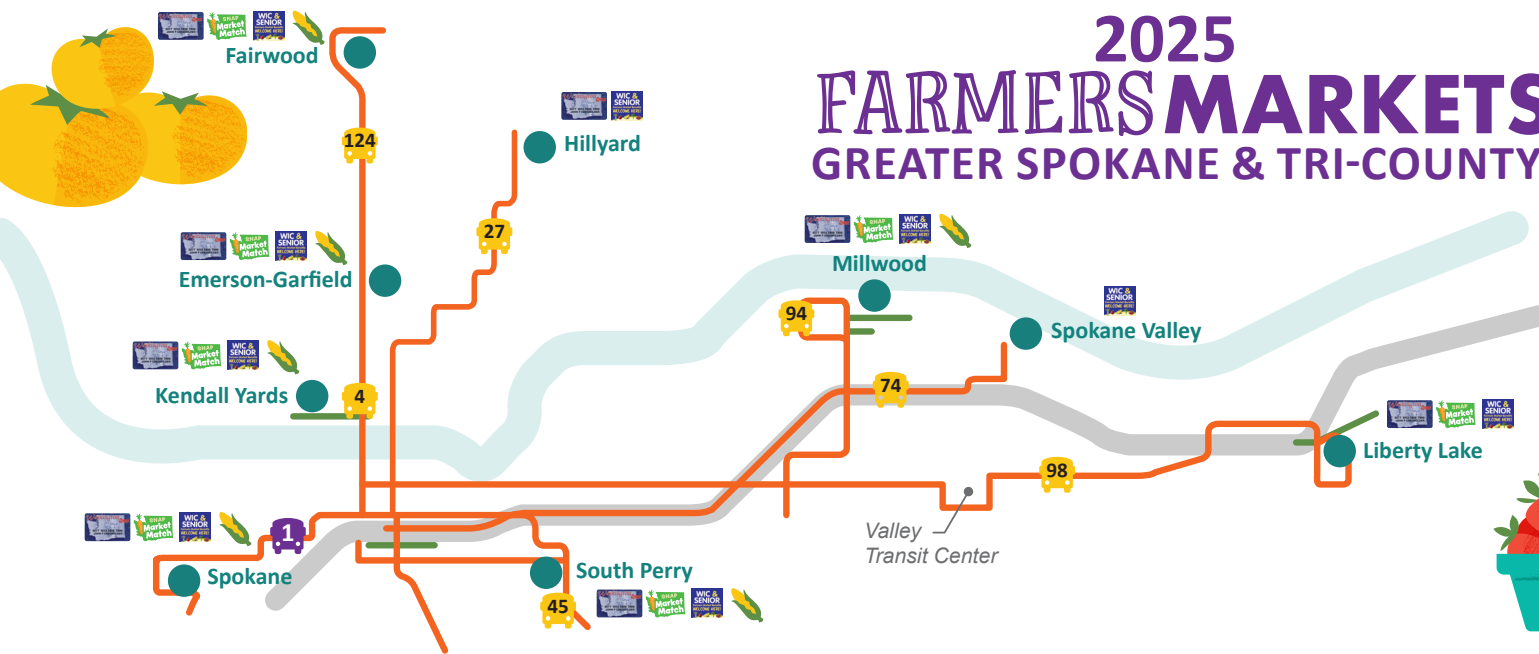
wafarmersmarkets.org
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FindAMarket.org



2025 FARMERS MARKETS GREATER SPOKANE & TRI-COUNTY



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- Farmers Market LOCATIONS**
- Spokane BUS ROUTES**
- SNAP EBT** can be used anytime.
- SNAP Market Match**
- WIC & SENIOR FMNP** use benefits by Oct. 31.
- KERNEL** FREE in person educational kids' activities that also include a \$2 voucher to purchase produce and vegetable starts at the market.



SPOKANE

LOCATION	DAY	HOURS	DATES
Emerson-Garfield Farmers Market	Friday	3:00 pm - 7:00 pm	June 6 - Sept 26
Fairwood Farmers Market	Tuesday	3:00 pm - 7:00 pm	May 13 - Oct 7
Hillyard Farmers Market	Monday	3:00 pm - 6:00 pm	June 2 - Oct 20
Kendall Yards Night Market	Wednesday	5:00 pm - 8:30 pm	May 21 - Sept 17
Liberty Lake Farmers Market	Saturday	9:00 am - 1:00 pm	May 17 - Oct 11
Millwood Farmers Market	Wednesday	3:00 pm - 7:00 pm	May 28 - Oct 8
Spokane Farmers' Market	Saturday	8:00 am - 1:00 pm	May 10 - Nov 15
	Wednesday	8:00 am - 12:00 pm	July 2 - Oct 29
Spokane Valley Farmers Market	Friday	4:00 pm - 8:00 pm	May 16 - Sept 26
Thursday Market in South Perry	Thursday	3:00 pm - 7:00 pm	May 1 - Oct 30

TRI-COUNTY

LOCATION	DAY	HOURS	DATES
Chewelah Farmers Market	Friday	11:00 am - 3:30 pm	May 9 - Oct 10
Northeast Washington (NEW) Farmers Market	Saturday	9:00 am - 1:00 pm	May 3 - Oct 25
	Wednesday	9:00 am - 1:00 pm	May 7 - Oct 29
Newport Farmers Market	Saturday	9:00 am - 1:00 pm	May 5 - Oct 25