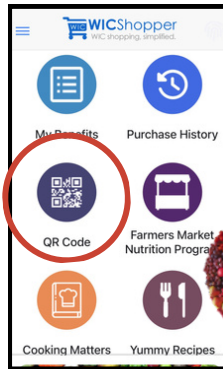


NEW in 2023!

WIC Fruit & Vegetable Benefits at Farmers Markets



Look for this sign at your farmers market!

Use your WIC QR code and PIN to shop with your "All Fruit Veg - WIC" benefits.

Starting this year you can use your WIC Fruit and Vegetable Benefit to shop from local farmers at farmers markets. Buy fresh fruit and vegetables from any farmer. Look for the "WIC Fruit and Vegetable Benefits" or FMNP signs. With your personal QR code and PIN, you can use these WIC benefits all year long at farmers markets. Stock up this fall to celebrate the harvest and holidays!

Questions? Please call WIC customer service: (800) 841-1410.

Funded in part by the USDA Supplemental Nutrition Assistance Program.
This institution is an equal opportunity provider.

FIND A KING COUNTY FARMERS MARKET NEAR YOU THIS FALL!

2023 Harvest, Holiday, & Year-Round Farmers Markets

Farmers Markets in King County	Market Day	Dates	Time
Bellevue Farmers Market	Saturday	Nov. 18, Dec. 16	10-2
Burien Farmers Market	Thursday	Year-round (Except Thanksgiving)	10-4
Des Moines Waterfront Farmers Market	Saturday	Oct. 30, Nov. 4	10-4
Kirkland Wednesday Market	Saturday	Oct. 28	3-7
Lake Forest Park Farmers Market	Sunday	Nov. 19, Dec. 17	10-2
Mercer Island Farmers Market	Sunday	Oct. 29, Nov. 19	10-2
Shoreline Farmers Market	Saturday	Oct. 28, Dec. 16	10-2
Woodinville Farmers Market	Saturday	Dec. 2	11-5
Seattle Farmers Markets			
Ballard Farmers Market	Sunday	Year-round	9-2
Capitol Hill Farmers Market	Saturday	Year-round	11-3
Columbia City Farmers Market	Saturday	Nov. 11, Dec. 9	10-2
Lake City Farmers Market	Saturday	Nov. 4	10-2
Magnolia Farmers Market	Saturday	Nov. 18	10-2
Phinney Farmers Market	Friday	Nov. 17	3-7
Queen Anne Farmers Market	Saturday	Oct. 28, Nov. 18, Dec. 16	10-3
University District Farmers Market	Saturday	Year-round	9-2
West Seattle Farmers Market	Sunday	Year-round	10-2



WASHINGTON STATE
FARMERS MARKET
ASSOCIATION

Looking for more information? Go to www.FindAMarket.org
and follow your Farmers Market on social media.