



e-Farmers Market Nutrition Program HELP PHONE NUMBERS

How to	Call the	Phone Number	Then
<p>To check FMNP balance</p> <p>Or</p> <p>To change PIN</p>	<p>“Washington e-WIC Customer Service Line”</p> <p>Automated, and available 24/7</p>	<p>(844) 359-3104</p>	<p>1: English 9: Spanish</p> <p>“Enter your 16 digit e-WIC card number.”</p> <p>For Seniors, enter the number on the front of their Senior FMNP card.</p> <p>To change PIN, press 1 <i>Senior will need full birthday (day/month/year) and zip code.</i></p> <p>Balance, press 2 “These benefits are available until Oct 31” \$40 FMNP \$40 Senior FMNP</p> <p>“More questions, contact your local WIC clinic.”</p> <p>1 to hear again</p>
			<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p>Seniors should enter their Senior FMNP card number when asked for e-WIC card #.</p> </div> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p>The total is \$80 but for <i>some</i> Seniors benefits are broken into \$40 + \$40. This is due to two separate funding sources.</p> </div>
<p>Help with QR Codes</p> <p>Get a PIN for first time or problem-solving PINs</p> <p>Get a QR code if card is lost</p> <p>Other questions</p> <p>Farm Vendor questions</p>	<p>“Washington WIC Nutrition and Farmers Market Program”</p> <p>Hours Mon-Fri: 8am-7pm Sat-Sun: 9am-6pm</p>	<p>(800) 841-1410</p>	<p>8 for Spanish</p> <p>Press “0” for Farmers Market Assistance or to speak to a Customer Service representative</p> <p>1: WIC participant 7: repeat menu</p>

Who	Phone Number	Email
<i>Multiple people monitoring email</i>		FMNPTeam@doh.wa.gov
Katherine Flores , FMNP Lead, DOH	(360) 236-3721	Katherine.Flores@doh.wa.gov
Nick Lee , WIC FMNP DOH	(360) 236-3586	nick.lee@doh.wa.gov
Cameron Akita , Senior FMNP DSHS	(360) 725-2466	cameron.akita@dshs.wa.gov

Local Area Agency on Aging Contacts

For information about how to participate in Senior FMNP

Counties / Areas Served	Contact Information
Clallam, Jefferson, Grays Harbor, Pacific	Janis Housden, 360-379-5064 or 866-720-4863
Whatcom, Skagit, San Juan, Island	Michael Dunckel, 360-676-6749 or 800-585-6749
Snohomish County	Linda Vizmanos, 425-388-7393, linda.vizmanos@snoco.org
King County	Community Living Connections, 206-962-8467 or 844-348-5464
Pierce County	Kris Dowling, 253-878-0380, or 800-562-0332
Lewis, Mason, Thurston	Valerie Aubertin, 360-664-3162 x 146 or 888-545-0910
Clark, Cowlitz, Klickitat, Skamania, Wahkiakum	Claire Thackeray, 360-735-5778 or 888-637-6060
Adams, Chelan, Douglas, Grant, Lincoln, Okanogan	Kathy Wright, 509-886-0700 or 800-572-4459, kathy.wright@dshs.wa.gov
Colville Confederated Tribes	Stephen Hall, 509-634-2882
Yakama Nation	Charlotte Gonzalez, 509-865-7164
Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Yakima, Walla Walla	Nathan Hart, 509-965-0105 or 1-877-965-2582
Spokane, Whitman, Ferry, Pend Oreille, Stevens	Senior Farmers Market Hotline, 509-477-4442
Kitsap County	Tawnya Weintraub, 360-337-5690 or 800-562-6418

There are over 200 WIC clinics in WA. To find a WIC clinic near you, call the “Help Me Grow WA” Hotline (800) 322-2588 or look up by zip code here: <http://parenthelp123.org/resources/wic-family-planning/> Assistance in different languages is available by calling (866) 632-9992.

- If a shopper has WIC, then she needs to go to her local WIC clinic where she is enrolled.
- If a shopper is not enrolled in WIC, then she needs to enroll at a local clinic.
- All WIC shoppers have the “Fruit and Vegetable Benefit” on their QR code.
- Only 30-40% of WIC shoppers also get WIC FMNP.