



If you get **SNAP (Supplemental Nutrition Assistance Program)** benefits on your Washington Quest Electronic Benefits Transfer (EBT) Card, you can shop at authorized farmer markets. Look for the Quest logo next to the farmers market name. To shop at farmers markets:

- » **GO** to the farmers market Information Booth.
- » **SWIPE** your SNAP card and receive tokens.
- » **SPEND** tokens on SNAP-eligible foods.
- » **SNAP** tokens do not expire.



SNAP Market Match gives shoppers who use SNAP EBT extra benefits to spend on fruits and vegetables at participating farmers markets. Look for the SNAP Market Match logo next to the farmers market name.

- » **SWIPE** your SNAP EBT card at the Info Booth.
- » **RECEIVE** \$1 for every \$1 in SNAP EBT, usually up to \$25 per day.
- » **SPEND** SNAP Market Match on fresh fruits, vegetables, herbs, mushrooms, seeds, and edible plants.
- » **SNAP Market Match** expires on Dec. 31, 2023.



Farmers Market Nutrition Program (FMNP) provides participants in Women, Infants, and Children (WIC) and low-income Seniors benefits to spend at farmers markets. Contact your local agencies to sign up.

- » **RECEIVE** WIC or Senior FMNP benefits on an electronic card (new in 2023).
- » **SHOP** for fresh fruits, vegetables, and herbs. Seniors can also buy honey.
- » **FMNP** can be used June 1 to Oct. 31.
- » New in 2023, WIC participants can use their Fruit and Vegetable Benefits at farmers markets that accept FMNP.



Eligible Seattle residents enrolled in the **Fresh Bucks** program receive monthly Fresh Bucks Vouchers benefits in the mail. Vouchers can be used like cash to buy qualifying fruits and vegetables at any Seattle farmers market.

- » **GO** to the farmers market Information Booth.
- » **EXCHANGE** Fresh Bucks Vouchers for Fresh Bucks dollars.
- » **SHOP** for fresh, frozen, canned or dried fruits and vegetables with no added fats, salts or sugars.
- » **USE** vouchers before expiration date.


Other Matching Programs

Some farmers markets offer additional benefit or match programs. Check at each market's information booth to see what other benefits programs the market offers.



DOH 340-390 June 2023

WSFMA, Washington Department of Health, Washington State Senior FMNP, and WIC FMNP do not discriminate. To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

 Funding provided by USDA Food and Nutrition Service. USDA is an equal opportunity provider and employer.

Washington Farmers Markets

2023

Seattle



Shop Your Local Farmers Market for Delicious, Healthy Food

Seattle Farmers Markets

Food benefits are accepted at farmers markets! The list below shows which are accepted:  SNAP EBT  SNAP Market Match  WIC & Senior FMNP  Fresh Bucks

Farmers Markets	Benefits Accepted	Dates	Days	Hours
Ballard Farmers Market 5300 Ballard Ave NW sfmamarkets.com/visit-ballard-farmers-market	   	Jan 1 - Dec 31	Sunday	9:00 am - 2:00 pm
Capitol Hill Farmers Market E Barbara Bailey Way (Between Broadway & 10th Ave E) seattlefarmersmarkets.org	   	Jan 1 - Dec 31 Jul 11 - Sep 26	Sunday Tuesday	11:00 am - 3:00 pm 3:00 pm - 7:00 pm
Columbia City Farmers Market 35th Ave S & S Edmunds St seattlefarmersmarkets.org	   	May 3 - Oct 11 Nov 11 - Apr 13	Wednesday Second Saturday	3:00 pm - 7:00 pm 3:00 pm - 7:00 pm
Delridge Farmers Market 9421 18th Ave SW achdo.org/delridgefarmersmarket	   	May 20 - Nov 11	Saturday	10:00 am - 2:00 pm
Lake City Farmers Market NE 125th St & 28th Ave NE seattlefarmersmarkets.org	   	Jun 8 - Oct 5	Thursday	3:00 pm - 7:00 pm
Madrona Farmers Market 1126 Martin Luther Jr Way sfmamarkets.com/madrona-farmers-market	   	May 12 - Oct 27	Friday	3:00 pm - 7:00 pm
Magnolia Farmers Market 33rd Ave W & W McGraw St seattlefarmersmarkets.org	   	Jun 3 - Oct 14	Saturday	10:00 am - 2:00 pm
Phinney Farmers Market Phinney Ave N at N 67th St seattlefarmersmarkets.org	   	Jun 2 - Sep 29	Friday	3:00 pm - 7:00 pm
Pike Place Market Downtown, Pike Place Market PikePlaceMarket.org/FoodAccess	   	Jan 1 - Dec 31	Everyday	8:00 am - 4:00 pm
Pike Place Market Express Farmers Markets pikeplacemarket.org/ExpressMarkets	   	For Dates and Schedule visit PikePlaceMarket.org/ExpressMarkets		
Queen Anne Farmers Market Queen Anne Ave N & W Crockett St qafm.org	   	Jun 1 - Oct 12	Thursday	3:00 pm - 7:30 pm
University District Farmers Market University Way NE & NE 50th St seattlefarmersmarkets.org	   	Jan 7 - Dec 30	Saturday	9:00 am - 2:00 pm
Wallingford Farmers Market Meridian Park Playfield Meridian Ave N & N 50th St sfmamarkets.com/visit-wallingford-farmers-market	   	May 24 - Sep 27	Wednesday	3:00 pm - 7:00 pm
West Seattle Farmers Market California Ave SW & SW Alaska St seattlefarmersmarkets.org	   	Jan 1 - Dec 31	Sunday	10:00 am - 2:00 pm

For updates and more information, visit "Find A Market" at wafarmersmarkets.org/washingtonfarmersmarketdirectory