

How to Use Your

SNAP Market Match & SNAP/EBT CARDS



1. **GO** to the farmer market's Information Booth
2. **SWIPE** your SNAP/EBT card and get tokens to buy SNAP eligible foods.
3. **RECEIVE** up to \$25 a day *extra* in "SNAP Market Match" currency to spend on fruits, vegetables, herbs, mushrooms, seeds, and edible plants.
4. **SHOP** at Spokane Area farmers markets! Ask about additional benefits, kid's activities, cooking demos, and other special events.

WIC & SENIOR FMNP Cards

1. Get new cards with FMNP QR code

WIC: New cards will be available for pick up at your WIC clinic beginning July 1.

SENIOR: Mail or drop-off application by June 6 to ALTCEW or Catholic Charities main office. If selected in random drawing cards will be mailed by July 1. For more info: 509.459.6163.

2. Look for the FMNP sign

Use your FMNP card with farmers who have this sign.



3. Shop

Buy fresh fruits, veggies, or herbs with your FMNP cards. Seniors can also buy honey. FMNP must be used by Oct. 31.

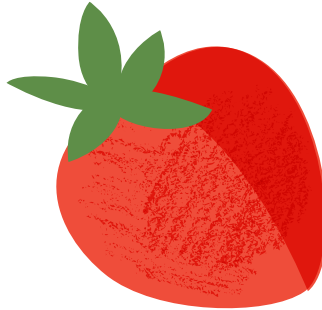


Funding provided by the USDA Food and Nutrition Service. USDA is an equal opportunity employer. Find a market and get updates at:

wafarmersmarkets.org/washingtonfarmersmarketdirectory



doh.wa.gov/SNAPMarketMatch
doh.wa.gov/FMNP



2023 Farmers MARKETS

GREATER SPOKANE



Brought to you by



srhd.org

SRHD is an equal opportunity provider. WA WIC does not discriminate.



cceasternwa.org/food-for-all

NUTRITIOUS
Local
fruit &
veggies
DELICIOUS

2023 Farmers MARKETS GREATER SPOKANE



Key

1 FARMERS MARKET LOCATIONS

27 BUS ROUTES

SNAP EBT can be used anytime.

SNAP MARKET MATCH Receive a 100% Match in SNAP Market Match Currency for every \$1 in EBT you spend at the market. Up to \$25 a day.

WIC & SENIOR FMNP use benefits on cards by Oct. 31.

KERNEL* FREE in person educational kids' activities that also include a \$2 voucher to purchase produce and vegetable starts at the market.

*KERNEL available only during summer break at: Kendall Yards, Liberty Lake, and Spokane Farmers Markets. Ask your market for details.

FARMERS MARKETS	LOCATION	DAYS	HOURS	DATES
1. EMERSON-GARFIELD	2310 N. Monroe St.	Fri	3 - 7 p.m.	June 2 - Sept. 29
2. FAIRWOOD	319 W. Hastings Rd.	Tue	3 - 7 p.m.	May 16 - Oct. 10
3. HILLYARD	NE Community Center 4001 N. Cook St.	Mon	3 - 7 p.m.	June 5 - Oct. 2
4. KENDALL YARDS	1335 W. Summit Pkwy.	Wed	5 - 8 p.m.	May 24 - Sept. 20
5. LIBERTY LAKE	1421 N. Meadowwood Ln.	Sat	9 a.m. - 1 p.m.	May 20 - Oct. 14
6. MILLWOOD	Millwood City Park 9103 E. Frederick Ave.	Wed	3 - 7 p.m.	May 31 - Oct. 11
7. SPOKANE <i>New Location</i>	Coeur d'Alene Park 4th Ave. & Chestnut St.	Sat	8 a.m. - 1 p.m.	May 13- Oct. 28
		Wed	8 a.m. - 1 p.m.	June 14 - Oct. 25
8. SPOKANE VALLEY	2426 N. Discovery Pl.	Fri	4 - 8 p.m.	June 2 - Sept. 22
9. THURSDAY MARKET IN SOUTH PERRY	Grant Park 1000 S. Perry St.	Thu	3 - 7 p.m.	May 4 - Oct. 26